



Year: 4

Subject: PSHE

Title:  
Relationships

What key knowledge do I need to have before this unit?

- Understand what a dream is
- Understand what a goal is
- Understand everyone has different barriers
- Understand what is meant by the word relationships

Key outcomes:

What I need to know by the end of this unit of work:

- 1) Understand what jealousy is, how it feels and what can be done.
- 2) Understand love and loss and know what support systems are in place.
- 3) Understand what memories are.
- 4) Understand how to deal with different opinions and conflict.
- 5) Know what healthy and unhealthy relationships are.

Key knowledge:

Key Vocabulary and Definitions:

Understand that everyone has different views or opinions on situations.  
 Know and understand that people deal with emotions in different ways.  
 Can identify someone I love and can express why they are special to me.  
 I can understand that we can remember people even if we no longer see them.  
 Know how to stand up for myself and how to negotiate and compromise.

Jealousy- feel unhappy that someone else has something you want.  
 Positive- happiness, upbeat, finding the good things  
 Negative –sad, unhappy, finding the bad things  
 Emotions – feelings  
 Loss- when something leaves/disappears  
 Denial – act of denying something  
 Insecure – anxious about yourself  
 Vulnerable – being open for people to see your flaws.

