



What is bullying?



Mereside defines bullying as:

'The **repetitive, intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**. Bullying can be physical, verbal or psychological. It can happen face-to-face or online'.

Bullying as a group behaviour



How might these characters act?

What might they say?

How might they feel?



'Outsider/
Bystander'



'Target'



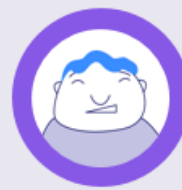
'Ringleader'



'Reinforcer'



'Defender'



'Assistant'

Repetitive

Something keeps
on happening

Hurtful

Something that
upsets you or
makes you feel

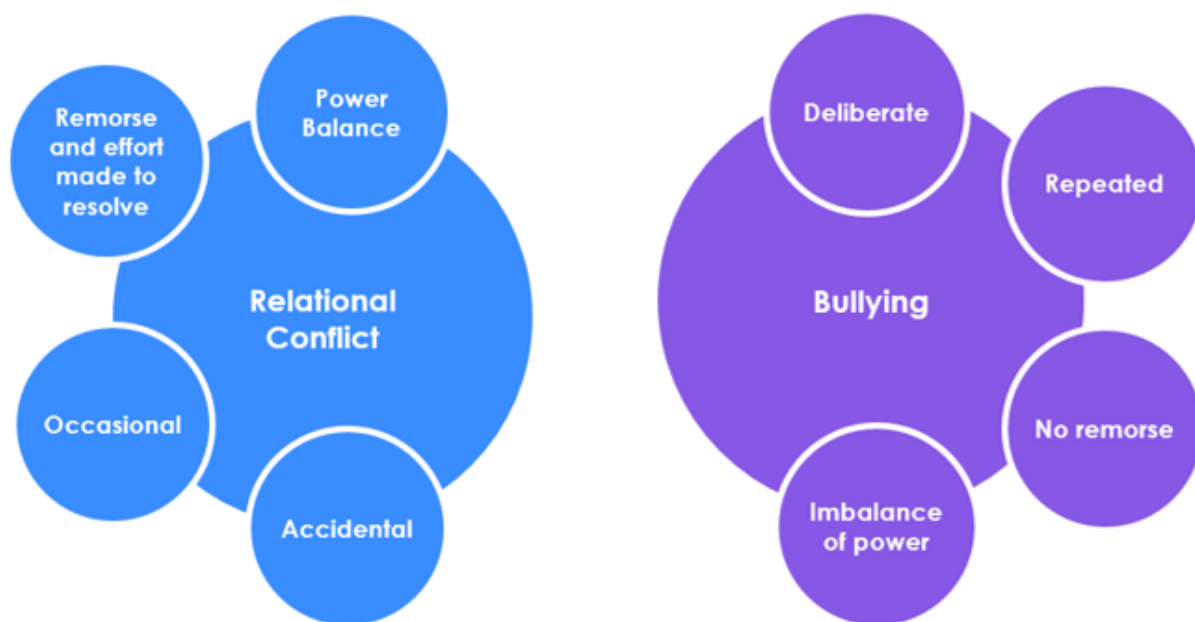
Intentional

Something that has
been done on purpose
(not an accident)

**Power
imbalance**

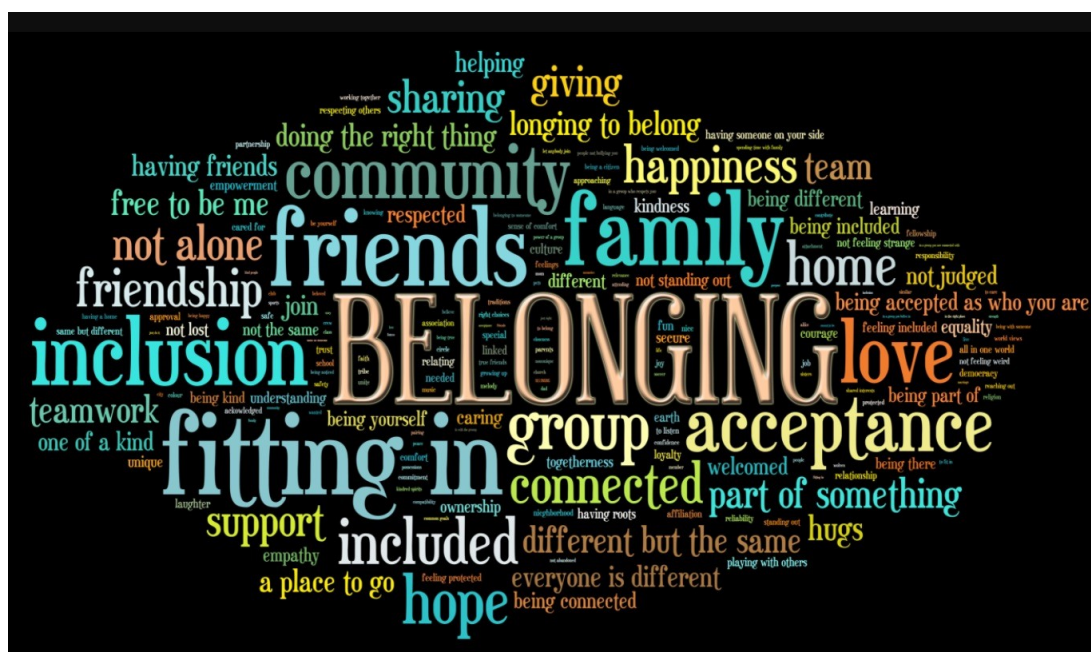
Where one or more
people feel like they
have 'more power'

BULLYING vs RELATIONAL CONFLICT



What's the difference between friendship fall outs and bullying?

KEY VOCABULARY



What groups or communities do you belong to?



Clubs outside of school
E.g. football

Scouts
Beavers
Rainbows
Guides

Church
Faith Groups

School
Classes
Houses

Local Community

After School Club

Young Voices

Can you think of anymore?

Prevention of Bullying



How can we be **safe**, inside school and on the school grounds?

How can we be **ready**, inside school and on the school grounds?

Ready

Respectful

Safe

**In school and out in the community,
can you think of examples linked to
our 3 school rules?**

In a world where you can be anything...

BE KIND

Kind Hands



ANTI-BULLYING ALLIANCE

Waving



Shaking hands



Playing



Cleaning



High fives



No Hitting!

No Kicking!

Kind Feet



ANTI-BULLYING ALLIANCE

Walking



Running



Jumping



Hopping



Skipping



Kind Words

Kind

ANTI-BULLYING ALLIANCE

We are friends



Please



Thank you



I like...



Hello



Not Saying mean things!

Showing you care!

Kind Heart



ANTI-BULLYING ALLIANCE

Can you think of any examples of what a kind-hearted person would do?